



Sunday January 19th from 11am – 1pm

Sunday February 9th from 11am – 1 pm

Sunday February 23rd from 11am – 1 pm

The Iowa DNR in conjunction with the City of Indianola, Iowa Whitewater Coalition (IWC) and Iowa Confluence Water Trails (ICON) is happy to announce three kayak practice pool sessions at the City of Indianola's pool located at 306 East Scenic Valley Ave, Indianola, IA 50125. These pool sessions will be free to participants and will focus on introducing participants to the equipment and gear used in whitewater kayaking with the goal of teaching participants how to roll their kayaks. Rolling is a fundamental skill necessary for successfully navigating whitewater rivers. To begin each participant will familiarize themselves with the whitewater kayak and how to successfully exit their boat in the event they flip their boat and are not able to roll. We will then progress to the hip/snap and eventually to rolling.

Iowa DNR and IWC will be providing American Canoe Association (ACA) certified whitewater kayaking instructors and all the necessary equipment to teach the ins and outs of whitewater kayaking. All of this is being done to prepare kayakers for the downtown Des Moines whitewater projects currently under construction.

There is a maximum of 15 participants for each class and registration is required by the City of Indianola. Please scan the attached QR Code or follow the link to register. For further questions please contact Glenn Harman at glenn.harman@dnr.iowa.gov.



<https://indianola.recliquecore.com/programs/130/aquatics-programming/?locations=-1>